



Camel-Allen Churches
Sharing God's Love

Rector & Pioneer Priest, Rev Nicki Farr
01840 219376 / 07587 001320

August 2026

Dear Friends

As I write, there is excitement in the air. With a week before the local schools break-up; final preparations are being made for Delabole then St Teath Carnivals; various secret activities are taking place in gardens and garages, requiring several trips to the yard for wood, paint and a range of other bits and pieces. On the roads, cars have grown top boxes, caravans and some mighty mobile homes are being all too carefully navigated through our lanes.

By the time this is published, holidays will be in full swing. Hopefully the current spell of fantastic weather will hold, and the county will be filled with visitors, spending their money in local



businesses and having a great, memorable time.

Who doesn't love a holiday? Time away from the ordinary run of things. We don't have to even cross the Tamar; living where we do, a staycation can be ideal. It simply does us all good to stop doing the things we normally do;

spend time with the family, perhaps read the book that's been on the shelf for years, go on a particular walk, visit a special place; pause, take care of ourselves, reset.

It's only when we stop that we may realise quite how busy we have become. It's very easy to take on just one more job, do just one more task; it's all too easy to find ourselves functioning less well as a result. It can be as if there are two slices of toast and one spoon of jam - do we enjoy one piece of toast and jam, or try to spread it so thinly over both pieces when neither taste as they should??

Various studies show that the way of the world, in which people are becoming ever more busy and not taking time out, is having a detrimental impact on the health of swathes of the population.

God knows about taking rest; the Bible is filled with calls to take time out; God leads by example. After He had created the world in six days [whether you read that literally as 6x24hrs or six periods of time, for the Bible also tells us a thousand years is like a day to God; either way] on the seventh day, God rested.

The three Abrahamic faiths each have a weekly Holy Day / holiday - Judaism, on the Sabbath [25-hours after sundown on Friday]; Christianity, Sunday; Islam, Jum'ah, Friday, specifically set aside for prayer. Buddhists take four days a month, based on the lunar cycle. Virtually all other world religions and cultures hold to some days of rest.

The Psalmist writes, 'The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake'. *Psalm 23:1-3*

Jesus says, 'The Sabbath was made for man, not man for the Sabbath' *Mark 2:27*

He also says, 'Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.' *Matthew 11:28-29*

The prophet Isaiah writes, 'But they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.' *Isaiah 40:31*

Whether this summer time allows you to take a break or your circumstances mean that it's another time of the year, please do each and all look after yourselves; have regular rest, renew and reset and enjoy a great and memorable time.

With best wishes, Claire
Claire Salzmann, Licensed Lay Minister
Local Leader [St Teath]

Last month's records...

We are delighted to have welcomed Ruby to Baptism in a beautiful service at St John's Church; and Hudson who [by special permission from the Bishop] was baptised in the family's field, with water taken from the spring, in a very joyful time.



Ruby with her family and
Rev Geraldine



We offer congratulations to Rhiannon and Joel, Mr and Mrs Brewer; as they celebrated their wedding at St Julitta's Church.

In Sad News, we have given thanks for the lives of, and said, 'Farewell' to,
Mr Mark Butler [St Teath]
Mr John Williamson [Camelford]
Mr Keith Moran [Camelford]

We keep their families and friends in our thoughts and prayers

A note from Claire...

This October, will mark 25 years since I was licensed as a Licensed Lay Minister [Reader], in Rochester, Kent, by Bishop Dr Michael Nazir-Ali.

I was by far the youngest[!] in the cohort of 21; during our three years' training, we shared, supported each other and had great fun as we studied, learned new skills and preached for the first time...



Since then, I've realised that the role of LLM can be / is much broader than originally anticipated; the activities involved are as varied as the imagination will allow and it is such a joy to serve God and His people in a huge range of ways.

By way of marking the 'silver anniversary', I shall be taking some time out. Loosely called a Sabbatical, I shall have a break from Sunday services [and be that 'mystery worshipper in some other churches, hopefully returning brimming with new ideas]. I will still coordinate the Celebration of LLM Ministry service in the Cathedral [**3rd October, 11.30am, all welcome**] and have a few other tasks to work on. I'll be away from regular activities from early August until late October. It will be great to have a break, spend time out with God and the labradors [Sue's dog will be having her own holiday] in the most beautiful part of the world.

Therefore, if you would normally contact me for anything, please contact Revs Nicki, Geraldine, Jan or the appropriate Churchwarden as below.

I will put together a bumper issue of this letter to give details of services for September, October and November before I go.

Keep up to date via the Camel-Allen Churches Facebook page, and our website <https://www.camelallenchurches.org.uk>

Camelford Health and Wellbeing Hub

Every Wednesday 2pm till 4pm

St. Thomas Church
Free Health Advice
Come and meet us



Linda Winn, Parish Nurse
Registered Mental Health Nurse.



Geraldine Ashton, Parish Nurse
Registered General Nurse.



The Gathering Place on Tuesdays St. Thomas's Church, Camelford

All Welcome

4C's

Coffee

Cake

Chat

Company



2C's

Coffee

Crafts



Tuesdays 2pm till 4pm

4th & 18th August

1st & 15th September

6th October



Camel-Allen Churches
Sharing God's Love

Tuesdays 2pm till 4pm

11th & 25th August

8th & 22nd September

13th & 27th October

BBTT will be taking a well-earned holiday until next term
Will re-start Thursday 10th September - Happy Holidays, All!

Donations of children's clothing to The Grace Project can be left in the containers in St John's Delabole, St Teath and St Thomas' Camelford Churches. A huge 'Thank You' to all who have contributed items which have been gratefully received by TGP and passed on to others.

Details of how to receive items are available on the postcards in each of the above churches, or on The Grace Project Facebook page. They visit BBTT half termly; Thursdays September 24th & November 26th.

It is important to the Ministry Team to be aware when people in our parishes are unwell, have suffered a bereavement or other situation. YOU are the eyes and ears in our communities! Please do pass on details when you hear of them - tho' please ask for permission from the person / family before giving us a 'phone number. Thank you



AFTERNOON TEAS

& Cake Sale

EVERY THURSDAY

3.00 - 4.30pm

at Lanteglos Church

PL32 9RG

Until end of September



Raising funds for the Lanteglos Window Restoration



ALL WELCOME; TO COME ALONG WITH YOUR CRAFTS
AND ENJOY THE COMPANY OF OTHER CRAFTERS
OVER A CUP OF TEA AND BISCUITS.
SHARE YOUR SKILLS AND MAYBE LEARN A NEW CRAFT!
OR JUST COME ALONG FOR A TIME WITH OTHERS.



A Gentle Service of Prayer and Healing

St. Thomas Church, Camelford

7.30pm

The last Thursday of each month

All Welcome



August 2026

Delabole Prayer Walk, a small group meet 9am each Tuesday, and walk the village for an hour, stopping and praying God's blessing over the people and activities. Please contact Nicki for each week's start place.

Camelford Prayer Walk, starting at St Thomas Church, 3pm on the first Sunday of each month, followed by the 4pm Songs of Praise

Morning prayer is said at 9am each Wednesday at St Adwena and Friday at Lanteglos

Compline is said at 6pm, at St Adwena each Friday and at St Julitta at 7pm on the second Thursday

August's Services

Sunday 2nd

9.30am - Holy Communion - St John's, Delabole

11am - Morning Worship - St Teath

3pm - Sung Evensong - St Adwena, Advent

4pm - Songs of Praise - St Thomas, Camelford

Sunday 9th

11am - Celebration of Holy Communion - St Teath

4pm - Flower Festival Celebration - St Julitta, Lanteglos

Sunday 16th

9.30am - Morning Praise - St John's, Delabole

9.30am - Holy Communion - St Thomas

11am - Choral Communion - St Teath

11.15am - Holy Communion [BCP] - St Adwena, Advent

4pm - Baptisms - St Julitta, Lanteglos

Sunday 23rd

10am - Breakfast Church - St Teath

10.30am - Dedication / Thanksgiving Service - St John's

10.30am - Holy Communion - St Thomas, Camelford

7pm - Beacon of Hope - St John's, Delabole

Sunday 30th

10.30am - Holy Communion for All - St Teath

please note the service changes and the Benefice service

BIBLE READINGS for Sunday Services [not all used at each service]

2nd Aug - Isaiah 55:1-5; Romans 9:1-5; **Matthew 14:13-21**

9th Aug - 1 Kings 19:9-18; Romans 10:5-15; **Matthew 14:22-33**

16th Aug - Isaiah 56:1,6-8; Romans 11:1-2a,29-32;

Matthew 15:[10-20] 21-28

23rd Aug - Isaiah 51:1-6; Romans 12:1-8; **Matthew 16:13-20**

30th Aug - Jeremiah 15:15-21; Romans 12:9-end; **Matthew 16:21-end**



**BREAKFAST
CHURCH
@ ST TEATH**



Please come along to share in ...
a tasty breakfast
an informal, relaxed service
Bible story & reflections
activities for children
music & songs
for all ages

23 Aug
27 Sept
25th Oct
22nd Nov



breakfast from 9.45am

**EVERYONE
WELCOME!**



Beacon of Hope

Christians in Delabole welcome everyone to
gather together in St John's Church, Delabole

Sunday 23rd August
at 7pm

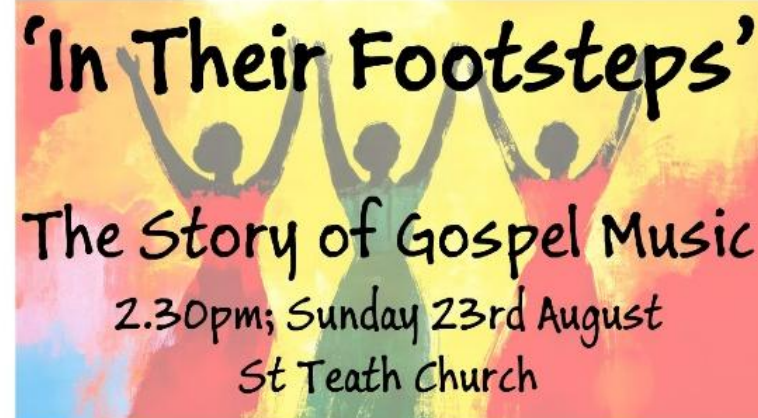
Food - Faith - Friendship

All Welcome

Just turn up or for more information,
please contact
Rev Nicki on revnfarr@icloud.com
or 01840 219376 / 07587 001320
www.camelallenchurches.org.uk



Proudly presents...



Mothers' UNION

Diocese of Truro



About Mothers' Union

Mothers' Union is an international women-led Christian movement with 4 million members. It was founded by Mary Sumner in 1876, and it is the largest volunteer network in the Anglican Church, active in 64 dioceses across Britain and Ireland. Our members are not all mothers, or even all women – they are female and male, single and married, parents and grandparents. We are a diverse and inclusive community present in approximately 84 countries around the world, working together for a future where everyone has the opportunity to thrive. Our grassroots membership organises and participates in programmes on locally identified needs, such as literacy, parenting, and business skills.

Mothers' Union in Truro Diocese

Mothers' Union has branches across Cornwall. Our friendly meetings are open to all – members, supporters and guests. Usually we have a speaker, always we have cake! Sometimes we go out on trips together e.g. to the Donkey Sanctuary. In the Diocese of Truro, Mothers' Union gives annual donations to support local charities that work with families – Cornwall S.P.A.C.E, Kernow Young Carers and the men's and women's refuges, safe places for people affected by gender-based

Love in Every Stitch Banners of the Mothers' Union

Love in Every Stitch is a fascinating display of more than 50 historic banners from all over Cornwall, celebrating the 150th anniversary of the founding of Mothers' Union in 1876.

Every banner is hand-stitched, and represents love for families and love for God. At the core of Mothers' Union is our belief that faith and compassion can transform lives. On Wednesday August 19th (10.00 – 15.00) there is the annual free Family Fun Day for under-10s, organised by Mothers' Union.

violence. Some members knit Teddy Vean, to give away to children, or tiny blankets needed by premature baby units. We support the RISE UP campaign, against domestic abuse in all its forms.

Donations

Mothers' Union (Diocese of Truro) is a registered charity number 249867. Donations from the Love in Every Stitch Banner Exhibition will go towards the work of Mothers' Union locally and overseas.

Website www.mothersunion.org

Diocese of Truro MU www.mothersunion.org/diocese/truro

Truro Cathedral Mothers' Union www.trurocathedral.org.uk/get-involved/mothers-union



Camel-Allen Churches
Sharing God's Love



The next PCC meeting for all churches
St Teath Church, 7pm, Monday 19th October.

Refreshments from 6.20pm

We'll worship our Lord, together at 7pm

Then share in our PCC meeting for all,
before breaking into our Church / Parish groups

please read all documents as sent to you in advance of this meeting

We are here to assist; so please keep these contacts handy....

Ministry Team

Rev Nicki Farr	revnfarr@icloud.com	01840 219376 07587 001320
Rev Geraldine Ashton	parishnurse@bodminway.org	07957 609085
Rev Jan Fisher	rev.janfisher@gmail.com	07701 051989
Claire Salzmänn	salzmännclaire@gmail.com	01840 212713

Church Wardens

St Adwena, Advent

William Gore	thegores@hotmail.co.uk	01840 212800
Kerstin Lewis	kerstinlewis@hotmail.com	01840 211161

St John's, Delabole

Lesley George	george1359@btinternet.com	01840 770462
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St Julitta, Lanteglos & St Thomas, Camelford

Vacancy *please contact a member of the ministry team*

St Teath

Bob Collings	rjcollings1@aol.com	07576 509219
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If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Advisor or if necessary, report the matter to the Local Authority Social Care Services or the Police without delay.

Ensuring that children and young people as well as adults are kept safe whilst in our care is an integral part of our church life. If you have any concerns about safeguarding please contact:

Revd Nicola Farr, Rector

01840 219376/07587 001320 email: revnfarr@icloud.com

or Church Safeguarding Officers:

St Julitta's Lanteglos and St Thomas' Camelford

Sue Hunt tel 07714 639377 email: suejhunt13@hotmail.com

Advent

Kerstin Lewis tel 01840 211161 email: kerstinlewis@hotmail.com

St Teath

Julie Vollum 07835 263727

St Johns Delabole

Lesley George george1359@btinternet.com

Safeguarding



The Camel-Allen Churches have all adopted the House of Bishops 'Promoting a Safer Church' Safeguarding Policy Statement.

- **Our commitments are:**
- Promoting a safer environment and culture
- Safely recruiting and supporting all those with any responsibility related to children and vulnerable adults
- Responding promptly to every safeguarding concern or allegation
- Caring pastorally for victims/survivors of abuse or other affected persons
- Caring pastorally for those who are the subject of concerns/allegations of abuse and other affected persons
- Responding to those that may pose a present risk

Truro Diocese Safeguarding Advisor

Andy Earl tel 01872 274351 ext 231

email: safeguardingconcerns@truro.anglican.org

Assistant Diocesan Safeguarding Officer

Jo Pomery tel 01872 360037

email: safeguardingconcerns@truro.anglican.org

In an emergency situation please contact:

Local Authority Children's Social Care: 0300 123 1116

Local Authority Adult's Social Care: 0300 1234131

Police: 101 or 999

safespacesenglandandwales.org.uk

firstlight.org.uk